



## Phoenix Announcements

### Friday May 9, 2025

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- **NAME:** Lisa Fazzalari
  - **Dates:** May 07, 2025 - Wednesday, May 08, 2025 - Thursday, May 09, 2025 - Friday
  - **Announcement:** Attention Graduates - Important information for consideration has been posted in the Student Services NCVLE. Please nominate a fellow peer for the Christian Service Award by this Friday, May 9th. Voting for this year's prom awards is also available and lastly Prom Tables need to be submitted online through the google form found in the NCVLE by Sunday, May 11th.

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- **NAME:** Carey Bridges
  - **Dates:** May 09, 2025 - Friday
  - **Announcement:** Don't forget today to stop by and join us in the front foyer over your lunch to visit with the many community partners that offer support for youth mental health. There will be lots of great information, some swag and a chance to win a mental wellness basket worth over \$150.

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- **NAME:** Anita Cheng
  - **Dates:** May 08, 2025 - Thursday, May 09, 2025 - Friday, May 12, 2025 - Monday
  - **Announcement:** Attention Phoenix Pickleball players, the Senior In-school tournament will be on Monday May 12th, at 2:15 in the Gym. The Junior In-school tournament will be Tuesday May 13th, at 2:15 in the Gym. Please come prepared to play. The results of this tournament will decide who will move on to represent the school on May 23rd.

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- **NAME:** Michelle Davis
  - **Dates:** May 08, 2025 - Thursday, May 09, 2025 - Friday, May 12, 2025 - Monday
  - **Announcement:** Community service opportunity- Star of the Sea Parish is looking for 6 volunteers to help with their Strawberry Festival on Tuesday, June 10th from 4:45 pm to 7 pm. If you are interested please see Ms. Davis by Friday, May 16th to register. Dinner will be provided.

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- **NAME:** Labrovic
  - **Dates:** May 09, 2025 - Friday
  - **Announcement:** Just a reminder to afternoon co-op students that today is Integration

Day in Room 203. Please remind your employer that you will be at school today.

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- **NAME:** Carey Bridges
  - **Dates:** May 09, 2025 - Friday
  - **Announcement:** As we conclude Mental Health Week, let's take a moment to reflect on the importance of our mental wellness. This week has been a wonderful opportunity to learn, share, and support each other. Remember, taking care of your mental health is just as important as taking care of your physical health.  
Positive affirmations can be a powerful tool to boost your mood and mindset. Here are a few to keep in mind:  
You are capable and strong.  
You are worthy of love and respect.  
You can overcome any challenge.  
You are enough just as you are.  
Let's continue to support each other and create a positive environment where everyone feels valued and heard. If you ever need someone to talk to, remember that our school has many resources and supports for you.  
Thank you for participating in Mental Health Week. Together, we can make a difference!
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- **NAME:** Sacilot
- **Dates:** May 09, 2025 - Friday
- **Announcement:** Yesterday, the phoenix track and field team participated in the Riding Turbo Invitational. The team showed huge gains from the previous week. Congratulations to all those who got personal bests in their event.

Special Shoutout to: Emilia Labrovic who captured bronze in the steeple chase, Jariel Abraham who came 2nd in triple jump, Owen Currie and Katelyn Perri who both came 2nd in 400m, Isabella Quezado who came 2nd in hurdles and Yoshi for taking home gold in the senior boys shot put.

The team will compete at the NCAA Championship next week.

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- **NAME:** Danielle
  - **Dates:** May 09, 2025 - Friday
  - **Announcement:** Attention Honour Band - there will be practice today after school in the music room.
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- **NAME:** Amanda Sabatini
- **Dates:** May 09, 2025 - Friday
- **Announcement:** Our girls' soccer team showed true heart last night against Notre Dame! Down 3-0 at halftime, they came storming back to tie it up—the comeback kids in full force! Despite a tough 5-4 final and battling through injuries, the team adjusted, stepped up, and gave it everything they had. So much hustle, heart, and grit—we're proud of you! Our next game is at Brock University on Monday against Holy Cross at 3:30. Come out

and support your Phoenix!

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- **NAME:** Carey Bridges
- **Dates:** May 09, 2025 - Friday
- **Announcement:** Those attending Prom, TODAY is the final day to purchase your Prom tickets from School Cash. Sales will close at 11:59 tonight!!!!!!!!!!!!!!